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**Christopher Hylton**

## Are you Contagious

Hello dear friends,

I am super excited about what God is doing in the world today. Now you might be saying why would you be excited about what's going on in the world today? It's terrible and unjust and people are frustrated with their governments and politicians all over the world, but I am looking at what God is doing in the Spirit. What better time to show forth the glorious hand of God then when things are not looking great around us. I recently preached a message about being a contagious Christian. We should be the most contagious people on the earth. People should want what we have. When your entire department has been downsized and everyone around



**Lynda Hylton**

### *1 Kings 19:1-8*

*19 Ahab told his wife Jezebel what Elijah had done and that he had killed the prophets. 2 She sent a message to Elijah: "You killed my prophets. Now I'm going to kill you! I pray that the gods will punish me even more severely if I don't do it by this time tomorrow." 3 Elijah was afraid when he got her message, and he ran to the town of Beersheba in Judah. He left his servant there, 4 then walked another whole day into the desert. Finally, he came to a large bush and sat down in its shade. He begged the Lord, "I've had enough. Just let me die! I'm no better off than my ancestors." 5 Then he lay down in the shade and fell asleep. Suddenly an angel woke him up and said, "Get up and eat." 6 Elijah looked around, and*

you is looking to talk about their bosses or trying to think of ways to get back at them, we should be the ones that have a great attitude in the midst of that trial. People will begin to wonder why that you are not as upset as everyone else. That's a perfect time to let them know that it's because of The Lord Jesus Christ in your life.

We can be contagious in our everyday life. When people get next to someone who is sick they will catch what they have but we as Christians are not infected enough to infect someone else. Shame on us!! We are the light of the world we are the salt of the earth. We are Gods representatives in this earth and we should conduct ourselves in that matter. What if the only Jesus the world ever saw was what we show them everyday? Think about that for a moment. Are we really the salt of the earth? Then people should be thirsty when they get around us!! There is a saying that says "You can lead a horse to water but you can't make him drink" but I believe if you put enough salt blocks around them then they will want to drink!!

We should be making people thirsty for the things of God. Living a Godly and happy life will make people want what we have. I heard someone the other day talking about how mad they were because Christians are running around being happy when they should be preaching at people that they need

*by his head was a jar of water and some baked bread. He sat up, ate and drank, then lay down and went back to sleep.*

*7 Soon the Lord's angel woke him again and said, "Get up and eat, or else you'll get too tired to travel." 8 So Elijah sat up and ate and drank.*

*The food and water made him strong enough to walk forty more days. At last, he reached Mount Sinai,*

Elijah was a mighty man of God but he allowed the words of Jezebel to scare him into running away. He left his servants and walked into the desert. He became tired, he became weary, he became depressed. His words, "let me die" puts him in a bad place. He just gave up went to sleep. He was in a place of nothingness.

While in a place of slumber the angel of the Lord woke him and provided food for him. After that, he went BACK to sleep. He was just tired and weary. He was afraid and wanted to die, but the angel appeared again with food and this time said you need to eat so you won't be too tired to travel. The food made him strong enough to walk 40 days and he reached Mt. Sinai.

Today you may be tired, you may feel like you want to die. You may feel like there is no use in trying to do anything else. You may think it's all over, but in the midst of your do nothing, the spirit of the Lord is still sustaining you. The spirit is saying...Get up... I can't use you sitting down....Get up and eat

Jesus!! The thought occurred to me, what better way for people to want to know Jesus then letting people know that it is HIM that is making our lives..... dare I say it...HAPPY!! We should be the happiest people on earth because we have been saved from our sins and delivered from all of our unhappiness. It is the goodness of The Lord that leads people to Him.

So are you contagious for Him? Are you showing Him in your life everyday?

God bless you and keep you in Jesus name,  
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because you have another journey...you have something left to do. Get up one more time...eat the word and drink the spirit and begin to walk again. Walk into your destiny...walk in the spirit. Allow the sustenance of the Word to bring you back into the place you need to be. Don't be afraid to do what God has told you to do. Don't be afraid of the enemy or the words of people used by the enemy. GET UP...EAT...and GO ONWARD Christian soldier.

In His Service,  
*Lynda*

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